

## Our Purpose

To assume responsibility for contributing to nursing education in order to provide for the highest quality of healthcare.

To provide programs of fundamental interests and concerns to nursing students.

To aid in the development of the whole person, his/her professional role, and his/her responsibility for the health care of people in the communities we serve.

## Our Function

To have direct input into standards of nursing education and influence the education process.

To influence health care, nursing education, and practice through legislative activities as appropriate.

To promote and encourage participation in community affairs and activities towards health care and the resolution of related social issues.

To represent nursing students to the consumer, to institutions, and other organizations.

To promote and encourage students' participation in interdisciplinary activities.

To promote and encourage recruitment efforts, participation in student activities, and educational opportunities regardless of a person's race, color, creed, national origin, ethnicity, age, gender, marital status, lifestyle, disability, or economic status.

To promote and encourage collaborative relationships with nursing and health-related organizations.



## In this issue

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## Being a Member of RUKC-SNA

As a member of the RUKC-SNA, I have gained leadership skills and an inside understanding of the complexities of nursing school. I have truly understood the endless hours spent by students and nursing faculty. I have learned to appreciate the dedication of both of our Deans and I have observed the impact that our organization can make in the community. I have also made friends that will last a long time.

In the upcoming months, we have activities planned that will continue to impact the communities we serve. During our monthly meetings, we will guest speakers who represent the nurse leaders of this generation. These are nurses who are standing up and being heard. They are nurses who work to be change agents. Some of these nurses are right in our paths many days.

These nurse leaders are heroes in

many ways. They are who many of us inspire to be.

I never knew how much nursing could offer me or how much I can offer nursing until I became involved in the RUKC-SNA. Not only do we have a strong support on each campus, however we have national support as well. This national support comes from the University and from our National Organization. We also belong to the State Student Nurses' Association (KANS) and have the opportunity to serve on their board.

We have a mission as an organization. We also have a strong purpose that involves assuming responsibility and contributing to the profession. We are proud to be members of the RUKC-SNA and wear our chords proudly.

RUKC-SNA

## Our Current Board of Directors

As of 5/31/22

President  
Luke Khosravipour, SN  
(09/22)

Vice President:  
Izzy Walters, SN  
(6/22)

Secretary:  
Open Position

Treasurer:  
Open Position

Membership Coordinator,  
OVP  
Open Position

Membership Coordinator,  
Topeka:  
Open Position

Special Events  
Coordinator, OVP  
Samantha Gibson, SN  
(3/22)

Special Events  
Coordinator, TOP  
Kalissa Sternicki  
(9/22)

Historian:  
Open Position

Special Committee  
Philanthropy  
Kimmie Beauchamp  
(12/22)  
Stephanie Miles (Alumni)

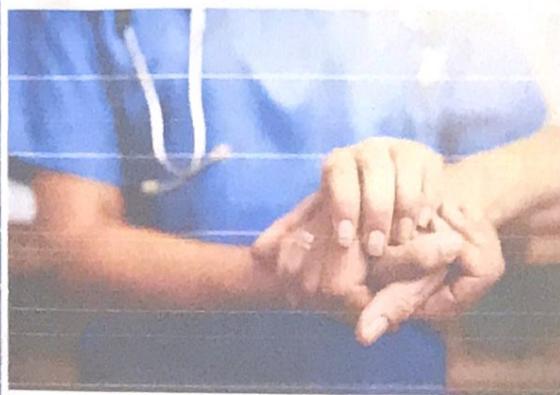
Faculty Advisor:  
Anne Naulty, MSN, RN,  
PCCN  
[Anne.naulty@rasmussen.edu](mailto:Anne.naulty@rasmussen.edu)

Interested in becoming a  
member of the Board?  
please email us at

[RUKCSNA@gmail.com](mailto:RUKCSNA@gmail.com)

or email Professor

Naulty



## Chapter Events: Stay Connected

### Scholarship Opportunities for the RUKC-SNA

As busy college students, we often find ourselves wanting to do more things than our budgets sometimes allow. The Board of Directors has been working hard to find a way to help out our fellow students who have been looking for ways to join the SNA but struggling with the membership fee. We are excited to announce that the RUKC-SNA is now offering a scholarship that pays for a full year's membership to the NSNA to one nursing student every quarter. Each campus will have applications located near or on their SNA tables or you can request one by email at [rukcsna@gmail.com](mailto:rukcsna@gmail.com). You will be able to return these applications with your member application to either the email listed above, or you can turn them in to the front desk member at your campus to be placed in the SNA mailbox. If you have any questions or concerns, please reach out to one of our board members for assistance!

### Community Events

#### Little Free Pantry

The Little Free Pantries at the Topeka and Overland Park Campus are up and running. Both of our Little Free Pantries are listed on the national website. You can participate in the pantry in 2 ways. If you have extra non-perishable food or toiletries and would like to donate, please do so. If you need items and would like to take some, please do so. The Little Free Pantries are located in the student kitchen areas. Both pantries are supported by the RUKC-SNA.

#### Facebook

The Facebook account is up and running. RUKC-SNA-Where Nursing Students Connect!

#### Chapter T-Shirts

The chapter t-shirt sales continue. The cost per t-shirt is \$15. Please email us at [RUKCSNA@gmail.com](mailto:RUKCSNA@gmail.com), contact one of the work-study students at the front desk or or contact a board member if you are interested in purchasing a t-shirt.

***I AM SO PROUD TO BE A  
PART OF RUKC-SNA!***

#### Open Board Positions

The RUKC-SNA currently needs to fill the following Board of Director Positions:

Secretary

Treasurer

Membership Coordinator  
OVP

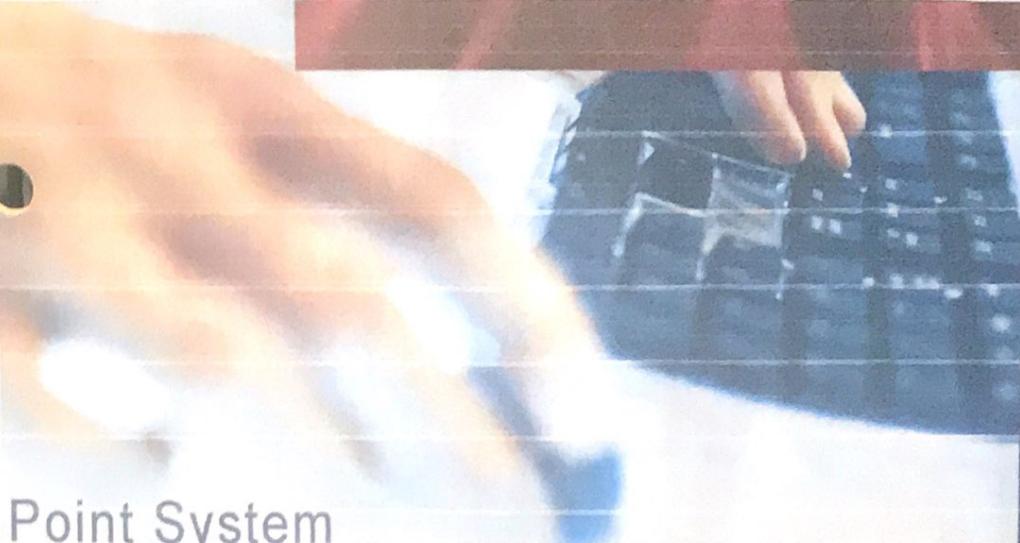
Membership Coordinator  
TOP

#### Thank You

Thank you to all who made Bagels with the Board a success. It was so great to meet so many students and hope to do this again!

We would like to thank Dean White-Lewis for all of her hard work. She is a true leader in the community and an inspiration to many.

Thank you also to our guest speakers for April and May 2022.



## Point System

When you participate in the chapter, you earn points towards awards and chapter items. The point system is:

**Write an article for the Chapter Newsletter:** Earn 2 points per article

**Volunteer at one of our sponsored events:** Earn 1 point per hour of volunteer time (up to 8 hours per quarter)

**Participate in the Big-Little Mentorship Program** Points for being a BIG..... 2 points per quarter

Points for being a LITTLE.... 1 point per quarter

**Attend Chapter Meetings:** Earn 1 point for attending each monthly chapter meeting

### Serve As a member of the Chapter Board of Directors

Earn **2** points per quarter that you serve as a Member of the Board

Earn **1** point for attendance at each monthly Board of Directors Meeting (this is for Board Members)

For the point system tracker, please visit our chapter website and go to "The Point System" tab.

Please note that the point system is only available for RUKC-SNA Chapter Members. If you are interested in becoming a member, please talk to one of our membership coordinators.

Each quarter, your points are added up.  
The levels are:

**Above 14 points earned:**

### GOLD LEADERSHIP STATUS

**8 – 13 points earned:**  
**SILVER LEADERSHIP STATUS**

**6-12 points earned:**  
**BRONZE LEADERSHIP STATUS**

As you reach the different levels, you not only receive a certificate of achievement, however you also receive a Chapter Leadership Pin and can earn other great items.

### When You Graduate NSNA Chapter Leadership Cords

For RUKC-SNA members who earn over 45 Leadership points prior to graduation: You earn a NSNA Leadership Cord to wear at graduation plus other great Leadership items!

Members who earn 20-44 points prior to graduation, earn a NSNA Member Cord to wear at graduation plus other great member items!



**“Nothing is impossible. The word itself says, “I’m Possible.”**  
~Audrey Hepburn

We honor your service and commitment to the chapter and National Organization

Please note that a member of the RUKC-SNA Board of Directors attends each faculty meeting. If you have any concerns that you believe need to be addressed, please email us or discuss your concern with a board member. Your name can be kept confidential.



## Professional Nursing Organizations

As a student we are able to join many professional nursing organizations at a significantly reduced price. There are so many different nursing organizations, so no matter what your nursing interest is, there is probably an organization.

[RUKCSNA@gmail.com](mailto:RUKCSNA@gmail.com)

[www.rukc-sna.com](http://www.rukc-sna.com)

- **RUKC-SNA Alumni Association**

After you graduate you remain a member of the NSNA for 6 months. You remain an Alumni Member of the RUKC-SNA for life. There are no dues or fees for this membership, however you are encouraged to get involved and to keep us updated on your success as a nurse! You may be nominated for our Alumni Spotlight!

### Alumni Board of Directors

Blair Gordon

Jennifer Cristaldo

Stephanie Miles

- **June Graduating seniors**

Congratulations to our S 2022 graduates and welcome to our new members!

# JOIN THE RASMUSSEN UNIVERSITY KANSAS CHAPTER- STUDENT NURSES' ASSOCIATION

BE A PART OF SOMETHING GREAT!